



**Play by the Rules**  
making sport inclusive, safe and fair.



# Tuggeranong Hawks Football Club

## TEAM SELECTION GUIDELINES - JUNIORS

### Our Commitment

We believe that junior sport should be safe, enjoyable, inclusive and maximise individual participation. Our club acknowledges that positive experiences in junior competition will contribute to children developing a lifelong love of sport.

### What We Will Do

- Emphasise to coaches and parents that junior sport is about participation, not competition.
- Modify rules and equipment where possible to include children and encourage participation and rules. (if our sport offers modifications)
- Try to match children with others of their own ability (e.g., if there are enough players, have two teams in an age division).
- Provide children with a broad range of experiences (e.g., team positions).
- Provide equal playing time for all children, regardless of their ability.
- Consider boys and girls under 12 years of age playing on the same team, particularly if a team could not otherwise be fielded and rules have been modified.
- Ensure all children play in the finals.

### What We Ask You To Do

#### Coaches

- Focus on children getting the chance to play and rotate through positions, and ensure equal time for everyone.
- Focus on the participation, not winning and losing.
- If you do coach your own children, treat them like everyone else in the team (e.g., rotations, playing time or participation).

#### Parents

- Help out the coach where possible at training and games.
- Encourage your child and their team.
- Respect the coach's selection decisions.